



Dry Needling Patient Consent Form

What is dry needling?

Dry needling is a skilled physical therapy intervention that utilizes a filiform needle for conservative pain management of myofascial trigger points. The filiform needle is used to penetrate the underlying skin, muscle, and connective tissues to aid in neuromuscular pain and mobility impairments. The word “dry” in dry needling means that the needle utilized does not have medication or fluid on it. Dry needling is NOT acupuncture. The number of needles and frequency of the procedure depend on your condition at each visit. Dry needling may cause muscle soreness post treatment and may last a few days post treatment. If a needle makes contact with an artery, vein, capillary, or nerve it may cause increased pain, numbness/tingling, bruising during and/or post treatment but should improve over time. If you feel unwell or uncomfortable during that treatment at any time, inform the therapist and needles will be removed immediately.

A few questions before starting:

Are you afraid of needles?	YES	NO
Are you willing to receive dry needling?	YES	NO
Do you lack sensation? If so, where? _____	YES	NO
Are you in medical emergency?	YES	NO
Do you have abnormal bleeding or on anticoagulants?	YES	NO
Do you have a compromised immune system?	YES	NO
Do you have vascular disease?	YES	NO
Do you have diabetes?	YES	NO
Are you pregnant or might be pregnant?	YES	NO

Are you 18 or older?	YES	NO
Do you have epilepsy?	YES	NO
Do you have lymphedema?	YES	NO
Do you have an implanted device or pacemaker or augmentation? If so, what: _____	YES	NO
Do you have cancer?	YES	NO
Do you have an infection?	YES	NO
Do you have a metal allergy?	YES	NO
Do you have a disease/infection that can be transmitted through bodily fluids?	YES	NO

What to expect: While dry needling may have benefits, there are also risks associated with the treatment. The following risks are possible but not fully inclusive. Dry needling risks may include the following:

<ul style="list-style-type: none"> • Bleeding/hematoma • Pain • Muscle soreness • Fatigue • Local/Systemic infection: If signs and symptoms of infection present, seek medical attention immediately. • Vertigo • Nausea 	<ul style="list-style-type: none"> • Pneumothorax: This is a serious complication that you need to notify your health care provider about immediately. Symptoms include difficulty taking a deep breath, chest pain, dry cough, and shortness of breath with exertion. While rare, this condition may require hospitalization. • Nerve injury • Broken needle • Vasovagal response • Fainting
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I have read this patient information and consent carefully and understand the above information. I have asked questions and received desired clarification from my health care provider. I consent to having the procedure of dry needling performed on me and understand the above risks and consent despite risks. I confirm that the above information is correct to the best of my knowledge. I consent and give permission to have the treated region(s) photographed and/or videoed for records/educational purposes.

Patient name (Please print): _____

Signature: _____ Date: _____